



**Metro Community Hub**  
**May 2022– Outings and Entertainment Guide**  
**All bookings and cancellations must be via the phone on 3391 8122**

Monday	TUES	Wednesday	Thursday	Friday
<p>2 PUBLIC HOLIDAY</p>	<p>3 10am Come Dance with Me</p>	<p>4 9.30am Movin' and Groovin' (Only this week – back to Monday next week) 9.30am Yoga with Shruti  11.30am Tai Chi with Margaret  12MD Aqua Yoga</p>	<p>5 Thursday Hub Day 10- 2pm  10am Be Connected  11am Aqua Aerobics</p>	<p>6 10am Gentle Pilates  11am Morning Tea  11.30 Friday Fun Day Lunch</p>
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">Gympie Trip Away Tuesday to Friday</div>				
<p>9 Monday Venturers Coffee, Op Shops, Lunch at Sebel, Redcliffe/Margate  9.30am Movin' and Groovin'</p>	<p>10</p>	<p>11 9.30am Yoga with Shruti  11.30am Tai Chi with Margaret  12MD Aqua Yoga</p>	<p>12 Thursday Hub Day 10- 2pm Bring your favourite souvenir Tea Towel Turnabout  10am Be Connected  11am Aqua Aerobics</p>	<p>13 10am Gentle Pilates  11am Morning Tea  11.30 Friday Fun Day Lunch Prince of Wales Hotel, Nundah</p>
<p>16 Monday Venturers Picnic at Manly  9.30am Movin' and Groovin'</p>	<p>17 10am Come Dance with Me</p>	<p>18 9.30am Yoga with Shruti  11.30am Tai Chi with Margaret  12MD Aqua Yoga</p>	<p>19 Thursday Hub Day 10- 2pm Board Games and activities  10am Be Connected  11am Aqua Aerobics</p>	<p>20 10am Gentle Pilates  11am Shopping Day</p>
<p>23 Monday Venturers BBQ at Deception Bay  9.30am Movin' and Groovin'</p>	<p>24 10am Come Dance with Me</p>	<p>25 9.30am Yoga with Shruti  11.30am Tai Chi with Margaret  12MD Aqua Yoga</p>	<p>26 Thursday Hub Day 10- 2pm Cannes Film Festival  10am Be Connected  11am Aqua Aerobics</p>	<p>27 10am Gentle Pilates  11am Friday Fun Day Lunch Chatters (if open)</p>
<p>30 Monday Venturers Bribie Island Picnic  9.30am Movin' and Groovin'</p>	<p>31 10am Come Dance with Me</p>	<div style="border: 1px solid black; padding: 10px; width: 100%;">All outings subject to weather, if too hot/ wet will be changed to an indoor venue.</div>		